



**INDIAN SCHOOL SOHAR
PRE - BOARD EXAM**

Std.: X

Marks: 70

Date: 1/2/2017

ENGLISH

Time:

3 Hrs.

General Instructions:

- (i) The question paper is divided into **three** sections:

SECTION A: READING (20Marks)

SECTION B: WRITING & GRAMMAR (25Marks)

SECTION C: LITERATURE: Textbook & Long Reading (25Marks)

Text

- (ii) All questions are compulsory.
 (iii) You may attempt any section at a time.
 (iv) All questions of that particular section must be attempted in the correct order.

SECTION A: READING

(20)

1. Read the following passage carefully and answer the questions that follow:

(8)

POWER FOODS

Power foods are foods that provide rich levels of nutrients like fibre, potassium and minerals. With people becoming increasingly health conscious today, a lot of fitness trainers encourage their clients to include these wholesome foods in their daily diet to increase muscle development . There are various ways of incorporating power foods in your daily diet. Of course, the key to enjoy power food is proper preparation of these foods, the use of season-fresh foods, and identifying your choice of flavour among power foods.

Some of the recommended power food combinations are those that are prepared in our kitchens on a regular basis. Take for instance, the combination of chickpeas and onions. This combination is a powerful source of iron which is required by the body to transport oxygen to its various parts. Iron

deficiency can lead to anemia, fatigue, brain fog and tiredness. A study by the Journal of Agricultural and Food Chemistry says that sulphur compounds in onion and garlic help in the absorption of iron and zinc from chickpeas. The combination is a hit with teenagers who need to be diligent about getting iron in their diet. A quick way to prepare this power food is to make a chickpea salad with chopped onion, chaat masala and cilantro.

Another favourite combination with power food takers is yoghurt and bananas. This makes for a perfect snack after a rough game of football. Exercising burns glucose and thus lowers blood sugar. Yoghurt is packed with proteins that help preserve muscle soreness. A quick and easy recipe with bananas is a banana smoothie topped with cool yoghurt.

Among beverages, green tea is the best source of catechins that are effective in halting oxidative damage to cells. According to researchers at the Purdue University, adding a dash of lemon juice to green tea makes the catechins even more easily absorbable by the body. So, next time you have friends, serve them rounds of iced green tea with mint and lemon juice.

a. What are power foods?

(1)

b. What are the rules regarding the partaking of power foods?

(1)

c. What is the advantage of including onions and garlic in our diet?

(1)

d. Write a quick recipe with chickpeas and onions.

(1)

e. Why is yoghurt and bananas, an enriching power food?

(1)

f. Why is green tea a recommended power food?

(1)

g. What is the advantage of combining green tea with lemon juice?

(1)

h. What is the key to enjoying power foods in a wholesome way?

(1)

2. Read the following passage carefully:
(12)

- (1) Here's why effective communication is important. In a large organization, when a CEO addresses a live webcast – a must in today's day and age – even a single question from an employee, no matter how unimportant it might be, will resonate across centres. It then becomes absolutely necessary for the leader to respond in a precise and unambiguous manner and use the platform to deliver his message across to the people. When the spotlight is on the leader, onlookers will hold on to every word he or she utters. Rhetoric can make many a hero.
- (2) Usage of words chosen to deliver a message is equally important. "Communication is not about company information. It's more like, if you want to drink water, do I presume you want to drink Coke," an HR head once remarked. If strategy is important, what's even more critical is communication of the strategy. One can either be vague and leave it to the imagination of others or be precise without any obscurity. Either way, depending on what the situation demands, it's a leader's call and he or she can be sure, people are going to judge.
- (3) The importance of effective communication is not restricted to the leadership level alone. Companies are looking at innovative and effective ways to communicate with employees and also enable employee-to-employee communication, what one can term as E-2-E. So there are Facebook like tools that are being created to encourage active discussion among employees, irrespective of where they are based. It also ensures any gap in communication is bridged and there are no excuses at that.
- (4) An engineering company I know uses SMS as a means to communicate with employees. They started this practice even when others were just about warming up to sending mailers to meet their communication needs. Others may take a cue from this and start using platforms like WhatsApp, who knows. The fact is companies are using technology in a big way because they understand that the biggest challenge today is communicating with the Gen-Yers and Gen-Xers. The logic is simple: if the new generation is used to modes like ATM and online shopping, how can archaic communication methods work?
- (5) Effective communication can work at multiple levels in an organization like training, learning and development, education opportunities, among others. Moreover, in a chaotic world, the only thing that will work is sane communication. If communication fails, organizations run the risk of falling into a trap where ideas emerge from all corners but don't get executed. So when it comes to people matters, silence is not always golden.

(2.1) Answer the following questions briefly:

- (8)**
- a. Why is effective communication absolutely necessary for the leader?

b. In what way should companies productively communicate to benefit the employees?

c. Why don't 'archaic communication' methods work today?

d. What happens if communication fails in an organization?

(2.2) Find meanings of the words given below with the help of the options that follow:

(4)

a. **resonate** (para 1)

i. sound

ii. execute

iii. echo

iv. restore

b. **Strategy** (para 2)

i. communicate

ii. plan

iii.

reference

iv. condition

c. **archaic** (para4)

i. old

ii. latest

iii. new

iv. perfect

d. **chaotic** (para 5)

i. organized

ii. orderly

iii.

calm

iv. muddled

SECTION B: WRITING & GRAMMAR

(25)

3. The tourism industry can bring valuable income to the country. Using your ideas along with the ideas from the MCB unit, Travel and Tourism, write a letter to the editor of a popular daily on how the government and the public can boost the development of this industry. Write the letter in 100-120 words. You are Rayan / Ruth, 25, M. G. Road, Ranchi.

(5)

OR

The youth of different states should be given a chance to meet one another through national meets and other programmes. Taking ideas from the MCB unit, National Integration and your own ideas write an article in 100-120 words on the topic, Youth and National Integration. You are Franky/ Florence. **(5)**

4. Develop a story, based on the given prompt, in about 150-200 words.

(10)

“Yesterday, I was going to school. On the way, I saw a child in the middle of the road. A car was coming at full speed.”

OR

A sixty-two year old woman...travelling in daytime by a public transport bus...a man in his twenties sits near her...offers sweets to her...woman faints...man takes her gold ornaments and disappears...police searches.....

5. Complete the following passage by filling up the blanks using the given options:

(3)

Ranji hit the ball (a) ___ high that it fell (b)___ the river about thirty feet from where Nakoo (c)_____.

- | | | | |
|------------|----------|--------------|------------|
| a. (i) and | (ii) but | (iii) though | (iv) so |
| b. (i) on | (ii) in | (iii) into | (iv) at |
| c. (i) lie | (ii) lay | (iii) laid | (iv) lying |

6. There is an error in each line of the following passage. Write the incorrect word and the correction in the answer sheet as given in the example.

(4)

	Error	Correction
Overeating is one of the more wonderful		e.g. <i>more</i>
practices among those which think	<i>most</i>	
that they can afford it. In fact that is said	a. _____	_____
that near all those who can get as	b. _____	_____
much as he desire, overeat to their	c. _____	_____
disadvantage. This class of	d. _____	_____
peoples could	e. _____	_____
save the great deal of food	f. _____	_____
than missing one meal	g. _____	_____
	h. _____	_____

per week and also improving their health.

7. Rearrange the words /phrases to make meaningful sentences.

(3)

Example: getting/ways/the/running/one/is/of/best/of/fit.

Running is one of the best ways of getting fit.

- a. and/requires/inexpensive/it's/equipment/no special.
- b. easily/routine/everyday/can/your/it/with/fit in.
- c. you run/when/that/make sure/your/strides are/not/too long.

SECTION C: LITERATURE & LONG READING TEXT

(25)

8. Read the extract given below and answer the questions that

follow:

(3)

*All in a hot and copper sky,
The bloody Sun, at noon,
Right up above the mast did stand,
No bigger than the Moon.*

- a. How is the Sun different now from the Sun earlier?
- b. Why are the sailors unable to move at this moment?
- c. Name the poetic device used in the second line.

OR

CAESAR: And you are come in very happy time,

(3)

*To bear my greeting to the senators
And tell them that I will not come to-day:
CALPURNIA: Say he is sick.*

- a. Whom does Caesar greet in the first line?
- b. What message does Caesar want to send to the senators?
- c. Does Caesar decide to go to the senate house? Why?

9. Answer any four of the following questions in 30-40 words each:
(8)

- a. Describe Michael's encounter with Black-Eyed Jed in the game, 'Wild West'.
- b. What is ironic about the inscription in the broken statue of Ozymandias?
- c. What were the blessings the albatross brought with it?
- d. Why does Patol Babu's wife tell him that he is counting his chickens before they are hatched?
- e. What made the writer believe that he was good at writing ghost stories?

10. Answer the following in 80 - 100 words:
(4)

No crime ever goes unpunished. How was Caesar's assassination avenged by Mark Antony?

OR

Imagine you are Michael. Write a diary entry describing your spirit of fellow feeling with which you finally rescued Sebastian.

11. Answer the following in about 150-200 words:
(10)

What difficulties were faced by Helen at Cambridge School?

OR

Helen's teacher took her across the tough road of her life. What role did she play in her success?
