

INDIAN SCHOOL SOHAR

Affiliated to CBSE, India

Affiliation No: 6130006



STUDENT DIARY

2020-21





INDIAN SCHOOL SOHAR

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GENERAL INFORMATION

Indian School Sohar was founded in 1982 and is managed by the association of members of the Banyan Merchant Community through a committee called the School Managing Committee.

The school is an English medium, co-educational, KG – XII institution, affiliated with Central Board of Secondary Education, India and approved by the Ministry of Education, Sultanate of Oman. The school is intended primarily for the students of Indian nationality and Indian origin.

SCHOOL MOTTO

‘Tamaso ma Jyotirgamaya’ Tamaso
ma Jyotirgamaya - means “Lead
me from darkness to light.”

When we refer to darkness and light, we mean
ignorance and knowledge, respectively.

This is so because ignorance, like darkness,
obscures true understanding.

The only remedy for darkness is light,
just as the only remedy for ignorance is knowledge.
The knowledge spoken of here is again the knowledge
of one’s true nature.

MISSION

Our mission is to provide modern education yet retaining the traditional Indian essence.

VISION

Indian School Sohar aims to be an institution of excellence, in academics, and in the holistic development and character building of the children, catering to students with varied aptitude and potential-transforming them into real achievers.

SCHOOL MANAGING COMMITTEE

No	Name & Designation	GSM / Telephone No	Email
1	Mr. Abraham George President	99346344	rgeorge2020@gmail.com
2	Mr. Haridas Jivraj Java Vice-President	99356806	hjjava42@gmail.com
3	Mr. Lalit H. Asher Convenor	99326502	asherlalit@gmail.com
4	Mr. Ajay Damani Treasurer	99260449	ajaydamani34@gmail.com
5	Mrs. Sanchita Verma Principal	99477276 26840130	principal@indianschoolsohar.com

ROYAL ANTHEM OF OMAN



**Ya Rabbana Ehfid Lana Jalalat Al Sultan
Waashabi Fee Al'wtan
Bialeizy Walaman.
Walyadum Muoayadda,
Aahilan Moma.ijada;
Bilnufoosi Yuftda.
Walyadum Muoayadda,
Aahilan Moma.ijada;
Bilnufoosi Yuftda.
Ya Oman, Nahnoo MiAhd II Nabi
Awfi.ya MinK'ram Al Arabi
Abshiry Qaboos Jaa
Faltubarakhu 'I Sama.
Waasidy Waltoq'hi Bilduoaa.**

ROYAL ANTHEM OF OMAN

**OLord, protect for us our Majesty the Sultan
And the people in our land,
With honour and peace.
May he live long, strong and supported,
Glorified be his leadership
For him we shall lay down our lives.
May he live long, strong and supported,
Glorified be his leadership.
For him we shall lay down our lives.
OOman, since the time of the Prophet
We are a dedicated people amongst the noblest Arabs.
Be happy! Qaboos has come
With the blessing of Heaven.
Be cheerful and commend him to the protection of our prayers.**

राष्ट्र-गान

जन-गण-मन अधिनायक जय हे,
भारत भाग्य विधाता ।
पंजाब, सिंध, गुजरात मराठा,
द्राविड, उत्कल, बंग,
विन्ध्य, हिमाचल, यमुना, गंगा,
उच्छल जलधि तरंग ।
तव शुभ नामे जागे,
तव शुभ आशिष मागे,
गाह तव जय गाथा ।



जन-गण-मंगलदायक जय हे ।
भारत भाग्य विधाता ।
जय हे, जय हे, जय हे ।
जय जय जय जय हे ।

रवीन्द्रनाथ टैगोर



वन्दे मातरम् ।
सुजलां सुफलां मलयजशीतलाम्
शस्यश्यामलम् मातरम् ॥ वन्दे मातरम् ।
शुभ्रज्योत्सना पुलकितयामिनीम्
फुल्लकुसुमितां दुग्धदलशोभिनीम्
सुहासिनीम् सुमधुर भाषिणीम्
सुखदां वरदां मातरम् ॥२॥ वन्दे मातरम् ।

बंकिमचंद्र चटर्जी

PLEDGE

India is my country. All Indians are my brothers and sisters. I love my country and am proud of its rich and varied heritage. I shall always strive to be worthy of it. I shall give my parents, teachers and all elders respect and treat everyone with courtesy. To my country and my people, I pledge my devotion. In their well-being and prosperity alone lies my happiness.

प्रार्थना गति

हमको जीवन देने वाले

हमको जीवन देने वाले , देना हमको ये वरदान ।

विद्या और कला हम सीखें , बन जाएँ अच्छे
इंसान । जैसे गंगा जल निर्मल है , ऐसा हमको मन
देना । जब देखें दूजों का दुख हम , छलक पड़ें
अपने नैना । वैभव पाकर भी दुनिया में , आए न
हमको अभिमान । हमको जीवन देने वाले , देना
हमको ये वरदान । विद्या और कला हम सीखें , बन
जाएँ अच्छे इंसान ।

हे प्रभु! आनन्ददाता

हे प्रभु! आनन्ददाता ज्ञान हमको दीजिए ।

शीघ्र सारे दुर्गुणों को , दूर हमसे कीजिए ।

हे प्रभु -----

लीजिए हमको शरण में , हम सदाचारी बनें ।

ब्रह्मचारी , धर्म—रक्षक , वीर—व्रतधारी बनें ।

हे प्रभु -----

निंदा किसी की हम किसी से भूल से भी न करें ।

सत्य बोलें झूठ त्यागें , मेल आपस में करें ।

हे प्रभु -----

प्रेम से ही गुरुजनों की , नित्य हम सेवा करें ।

दिव्य जीवन हो हमारा , तेरा यश गाया करें ।

हे प्रभु -----

हर देश में तू

हर देश में तू, तेरे नाम अनेक तू एक ही है। तेरी रंगभूमि यह
विश्व धरा, हर खेल में मेल में तू ही तू है। सागर से उठा
बादल बनकर, बादल से गिरा जल हो कर के। फिर नहर बनी
नदियाँ गहरी, तेरे भिन्न प्रकार तू एक ही है।

हर देश में तू हर देश में तू, तेरे नाम अनेक तू एक ही है।
मिट्टी से भी अणु—परमाणु बना, यह विश्व जगत का रूप लिया।
कहीं पर्वत, वृक्ष विशाल बना, सौंदर्य तेरा तू एक ही है।

हर देश में तू हर देश में तू, तेरे नाम अनेक तू एक ही है।
यह खेल दिखाया है जिसने वह है गुरुदेव की पूर्ण दया।
तुकड़्या कहें और न कोई मिला, बस तू औ मैं सब एक ही है।

हर देश में तू हर देश में तू तेरे नाम अनेक तू एक ही है।

हमको मन की शक्ति देना

मन विजय करें दूसरों की जय से पहले , खुद
को जय करें।

हमको.....

भेद—भाव अपने दिल से साफ कर सकें ,
दूसरों की भूल हो तो माफ कर सकें ,
झूठ से बचे रहें , सच का दम भरें ,
दूसरों की जय से पहले , खुद को जय करें।

हमको.....

मुश्किलें पड़ें तो हम पे इतना कर्म कर ,
साथ दें तो धर्म का चलें तो धर्म पर ,
खुद पे हौंसला रहे वदी से न डरें ,
दूसरों की जय से पहले , खुद को जय करें।

हमको.....

हे जग त्राता

हे जग त्राता , विश्व-विधाता ,
हे सुख-शान्ति निकेतन हे!
दीन के बन्धु , प्रेम के सिन्धु ,
दुःख दरिद्र विनाशन हे!

हे जग त्राता , विश्व-विधाता ,
हे सुख-शान्ति निकेतन हे!
नित्य अखंड , अनंत , अनादि ,
पूर्ण ब्रह्म सनातन हे!

जग-आश्रय , जग-पति , जग-वंदन ,
अनुपम , अलख निरंजन हे!

प्राण-सखा , त्रिभुवन प्रति-पालक ,
जीवन के अवलम्बन हे !

हे जग त्राता , विश्व-विधाता ,
हे सुख-शान्ति निकेतन हे!

होंगे कामयाब

होंगे कामयाब , होंगे कामयाब , हम होंगे कामयाब एक दिन
हो मन में है विश्वास , पूरा है विश्वास ,

होंगे कामयाब एक दिन।

होगी शान्ति चारों ओर , होगी शान्ति चारों ओर

होगी शान्ति चारों ओर एक दिन।

हो मन में है विश्वास , पूरा है विश्वास ,

होगी शान्ति चारों ओर एक दिन।

हम चलेंगे साथ—साथ , डाल हाथों में हाथ

हम चलेंगे साथ—साथ एक दिन।

हो मन में है विश्वास , पूरा है विश्वास ,

हम चलेंगे साथ—साथ एक दिन।

नहीं डर किसी का आज , नहीं भय किसी का आज ,

नहीं डर किसी का आज के दिन।

हो मन में है विश्वास , पूरा है विश्वास ,

नहीं डर किसी का आज के दिन।

हो मन में है विश्वास , पूरा है विश्वास।

इतनी शक्ति हमें देना दाता

इतनी शक्ति हमें देना दाता , मन
का विश्वास कमज़ोर हो ना। हम
चलें नेक रास्ते पे हमसे , भूलकर
भी कोई भूल हो ना। दूर अज्ञान
के हों अँधेरे ,

तू हमें ज्ञान की रोशनी दे। हर
बुराई से बचते रहें हम ,
जितनी भी दे भली ज़िदगी दे।

बैर हो ना किसी का किसी से ,
भावना मन में बदले की हो ना।
हम चलें नेक रास्ते पे हमसे ,
भूलकर भी कोई भूल हो ना।
हम ना सोचें हमें क्या मिला है ,

हम ये सोचें किया क्या है अर्पण ?
फूल बाँटें खुशी के सभी को ,
सबका जीवन ही बन जाए मधुबन।
अपनी करुणा का जल तू बहा के ,
कर दे पावन हर एक मन का कोना।
हम चलें नेक रास्ते पे हमसे ,

भूलकर भी कोई भूल हो ना।
इतनी शक्ति हमें देना दाता , मन
का विश्वास कमज़ोर हो ना।

MAKE ME A CHANNEL OF YOUR PEACE.....

Make me a channel of your peace
Where there is hatred, let me sow your love
Where there is injury, your pardon, Lord
Where there is doubt, true faith in you.

Chorus: Oh, master, grant that I may never seek
 So much to be consoled as to console
 To be understood as to understand
 To be loved as to love with all my soul.

Make me a channel of your peace
It is in pardoning that we are pardoned
In giving to all men that we receive
And in dying that we're born to eternal life.

ALL THINGS BRIGHT AND BEAUTIFUL

All things bright and beautiful,
All creatures great and small.
All things wise and wonderful,
The Lord God made them all.

Each little flower that opens,
Each little bird that sings
He made their glowing colours, He
made their tiny wings.

The purple headed mountain,
The river running by,
The sunset, and the morning
That brightens up the sky.

The cold wind in the winter, The
pleasant summer sun, The ripe
fruits in the garden, He made
them every one.

He gave us eyes to see them,
And lips that we might tell, How
great is God Almighty, Who has
made all things well.

SHOWERS OF BLESSING

There shall be showers of blessing
This is the promise of love.
There shall be seasons refreshing,
Sent from God above.

Showers of blessing,
Showers of blessing we need.
Mercy drops round us are falling
But for the showers we plead,
There shall be showers of blessing
Send them upon us, O God.
Grant to us now a refreshing
Come and now honour thy word.

WISH FOR PEACE

I wish for you, I wish for me
I wish for the entire world to live in Harmony
When I look into the sky at night
And see the stars above
I wish for peace
I wish for love.

I wish for hope, I wish for joy
I wish for all these things for every girl and boy
That wherever in the world they are
They'll see the stars above
And wish for peace
And wish for love.

WE SHALL OVERCOME

We shall overcome, we shall overcome,
We shall overcome some day.
For deep in my heart
I do believe
We shall overcome some day.

We are not afraid, we are not afraid;
We are not afraid today.
For deep in my heart

I do believe
We shall overcome some day.

The truth shall make us free,
The truth shall make us free;
The truth shall make us free some day.
For deep in my heart
I do believe
We shall overcome some day.

We shall live in peace, we shall live in peace,
We shall live in peace, some day.
For deep in my heart
I do believe
We shall overcome some day.

LIBERATION

The world stands in need of liberation, my Lord,
It still has to feel Your power
The blind and the deaf, the dumb and the maimed,
All need to feel Your healing touch;
The world stands...chorus

- 1 There are those who have eyes but refuse to see,
 The inhumanity to men;
 There are those who have ears, but refuse to hear,
 The cries of those in agony
- 2 There are those who have mouths, but refuse to speak
 Against injustice done to men
 There are those who have hands, but refuse to reach
 Them out in love and brotherhood.
- 3 There are those who have talents, they do not use
 To build a true community.
 And we know that we all have the talent to love
 But leave it buried in ourselves.

COUNT YOUR BLESSINGS

When upon life's billow you are tempest tossed
When you are discouraged, thinking all is lost;
Count your many blessings, name them one by one
And it will surprise you what the Lord hath done.

Count your blessings, name them one by one
Count your blessings, see what God hath done;
Count your blessings, name them one by one
Count your many blessings, see what God hath done.

Are you ever burdened with a load of care?
Does the load seem heavy you are called to bear?
Count your many blessings, every doubt will fly
And you will be singing as the days go by.

Count your blessings, name them one by one
Count your blessings, see what God hath done;
Count your blessings, name them one by one;
Count your many blessings, see what God hath done.

COURSES OF STUDY

Kindergarten

The school considers the kindergarten as an essential step in the ladder of educational experience.

The aim is to foster the natural development through an organized, systematic, child-centered programme of learning.

The focus is on the holistic formation of the child; to provide stimulating activities for intellectual, linguistic, social, emotional, aesthetic and physical growth; to educate the individual through active exploration and experience of his/her environment and through learning activities; to lay the foundation for the basic skills of listening, speaking, reading and writing English and of number concepts, thus preparing them for the primary grades.

Primary I – V

<u>SCHOLASTIC:</u>	First Language – English Second Language – Hindi Other subjects -Class (I-IV): Mathematics, Environmental Studies Class V - Social Science, Science Health and Physical Education, Art & Craft, Music, Computer Science.
<u>CO-SCHOLASTIC:</u>	

Middle VI – VIII

<u>SCHOLASTIC:</u>	First Language – English Second Language – Hindi Third Language –Arabic/Malayalam/Sanskrit. Other subjects: Mathematics, Science, Social Science
<u>CO-SCHOLASTIC:</u>	Health and Physical Education, Computer Science, Art and Craft, Music and Scouting & Guiding.

Secondary IX – X

<u>SCHOLASTIC:</u>	First Language – English Second Language – Hindi /Arabic /Malayalam Other subjects: Mathematics, Science, Social Science
<u>CO-SCHOLASTIC:</u>	Health and Physical Education, Work experience (Computer Science), Art Education

Senior Secondary XI – XII

SCHOLASTIC:

Science Stream

English Core, Physics, Chemistry, Mathematics, Biology, Informatics Practices and Physical Education.

Commerce Stream

English Core, Accountancy, Business Studies, Mathematics, Economics, Informatics Practices, Entrepreneurship and Physical Education.

Humanities Stream

English Core, Geography, History, Knowledge Traditions and Practices of India, Political Science, Psychology and Sociology, Entrepreneurship and Physical Education.

CO-SCHOLASTIC: General Studies, Health and Physical Education, Work Experience will be assessed for all the streams.

Admission to class XI

Admission to class XI will be governed by the following rules:

- a) Science or Commerce Stream or subjects will be allotted based on student's performance in Class X.
- b) Seats will be allotted purely based on merit.
- c) Other aspects like discipline, behavior/study habits, etc. will also be considered.
- d) The decision of the school authorities will be final.

Different criteria may be applied for admission in 2021-22 due to different mode of education and assessments in 2020-2021.

ACADEMIC TERM

The academic year commences in the first week of April and ends in March.

SCHOOL FEES DURING COVID- 19

As per circulars given from time to time. Kindly check circulars on the school website.

DISCIPLINE RULES FOR ONLINE CLASSES

RULES FOR PARTICIPATING IN VIRTUAL CLASSROOM & E-LEARNING

- Be punctual and log in 10 minutes before the start of the class.
- Wait until your host (teacher) accepts you into the meeting room.
- After gaining access into the meeting, mute your audio until your teacher requests you to unmute it.
- 'On' your video throughout the session. Ensure that your background is clutter free and neat.
- Listen to the teacher attentively and jot down key points or engage in note making.
- In case of any doubt, do not try to intervene. Wait for the doubt clarification time as instructed by teacher.
- Refrain from exploring the options displayed on screen when the session is on.
- Abstain from distracting the class by chatting, drawing or scribbling on the screen.
- Exhibit appropriate body language during the session (Do not pick nose/ scratch head/ yawn/ show sign language to friends)
- Do not get up and wander around during or in between sessions.
- Do not interrupt the session if you face technical issues during the session.
- Pay heed to the teacher while he/ she discusses about assignments and completion dates for the same. Complete all your assignments on time and keep them ready for self-checking as intimated by the teacher. Details of the assignments will be uploaded in the google class room by teachers on weekdays and the answer keys will also be shared on specified dates.
- At the end of the session, when the teacher opens the meeting for any discussion or for any clarification, raise your hand. After the teacher calls out your name, unmute the audio and speak. After you complete speaking, again mute the audio and listen to the teacher or to the discussion of your classmates.

- When anyone of your classmate is speaking, listen and do not try to speak along with him/ her.
- As time is limited, be mindful of giving others chance to interact rather than trying to dominate the group.
- At the end of the session, when attendance is taken, teacher would call out your name. Please raise your hand to notify your presence.
- Do not get up and go away after each session. If you feel the need to refresh, you are welcome to try brain gym exercises that you had learnt for 20 seconds after you off your video.
- Resume the following session punctually.

Please Note:

- ❖ *For students of classes UKG to V, parents are welcome to assist/ monitor their ward and cater to the above mentioned.*
- ❖ *For students of classes VI to class XII, parents should not log in to the virtual session while their ward is attending the session*
- ❖ *Online classes should be attended under strict parental supervision.*
- ❖ *Do not share your email id and password.*
- ❖ *Do not use your email id and password for any social media.*
- ❖ *Refrain from using chat option.*
- ❖ *Chatting among classmates and friends is strictly prohibited irrespective of the presence or absence of the teacher.*
- ❖ *Strictly observe the rules laid for online classes.*
- ❖ *Non-compliance with online class rules would invite stringent disciplinary action in addition to withdrawal from online classes.*
- ❖ *Follow netiquettes and be a good digital citizen.*

ADMISSION & WITHDRAWAL DURING COVID-19

i) ADMISSION:

- ❖ Please note that admission procedure for 2020-21 will be done online. Please fill online admission form and send email to admission department on – admission@indianschoolsohar.com with online registration number.
- ❖ **Pupils coming from CBSE schools must produce a Transfer Certificate. For pupils other than CBSE School, Transfer Certificate should be countersigned from the authority controlling the school.**
- ❖ **Admission is subjected to the availability of the seats.**
- ❖ For more details please contact to admission department on- admission@indianschoolsohar.com

ii) WITHDRAWAL (Process of obtaining Transfer Certificate):

- ❖ Transfer Certificate application form can be downloaded from the website.
- ❖ Completely filled form should be mailed to admission department.
- ❖ A transfer certificate, or any other certificate, will be issued only if all school dues have been paid.
- ❖ A transfer certificate will be issued after one week from the date of application.
- ❖ RO 1 is to be paid at the time of collecting T.C.
- ❖ All the social distancing norms, precautions stipulated by the government must be followed while visiting the school for collection of documents.
- ❖ You are requested to download and save a copy of report card of your ward. ERP Parent login will be disabled after issuing transfer certificate.

Website

www.indianschoolsohar.com

- ❖ The school's website gives information about the main features of the school like admission procedures, achievements, news and events etc.
- ❖ All the circulars are regularly uploaded on the website.
- ❖ The photo gallery is a rich store - house of important and glorious moments of the school.

Facebook Page

www.facebook.com/indianschoolsoharofficial

Like and share our face book page.

E.R.P. LOGIN STEPS FOR PARENTS

First time login:

- Open a web browser (preferably Chrome)
- Enter '<https://iss.josacloud.com/>' website link
- Click 'Login'
- Enter username as 'GR. No. of your ward' and password as 'student'
- Reset the password after successful login
- Login again with the new password.

Forgot password:

- Click on 'Forgot Password' option on the login dialog
- An e-mail with new password will be sent to your registered email id.
- Kindly check your registered email inbox/spam/junk for the new password email.

PROCEDURE FOR OBTAINING DUPLICATE DOCUMENTS DURING COVID- 19

- ❖ Duplicate documents such as T.C, Report card, Bonafide certificates etc. can be obtained from the school.
- ❖ Application form can be downloaded from the school website.
- ❖ Completed form should be mailed to:admission@indianschoolsohar.com with cc to office@indianschoolsohar.com
- ❖ Document will be issued after five working days.
- ❖ Parents will be informed through a mail about date and time of collection.
- ❖ All the social distancing norms, precautions stipulated by the government must be followed while visiting the school for collection of documents.
- ❖ A fee of OMR 5 (Omani Rial Five) to be submitted while collecting the document.

CBSE CIRCULARS & UPDATES

Parents must check CBSE website **www.cbse.nic.in** regularly for all circulars & updates.

ATTENDANCE

75% attendance is a must for being eligible to appear at the Annual examination and for promotion to the next higher class.

ADOPTING UNFAIR MEANS

A student adopting unfair means in an examination will be disqualified in that subject. He/she will be awarded zero in that examination.

INDIAN SCHOOL SOHAR
LIST OF HOLIDAYS 2020 – 2021

DAY	DATE	HOLIDAYS
Sunday	12-04-2020	Easter
Friday to Saturday	26-06-2020 to 04-07-2020	Short Break
Wednesday	12-08-2020	Sri Krishna Janmashtami
Saturday	15-08-2020	Independence Day
Monday	31-08-2020	Onam
Saturday	14-11-20	Diwali
Sunday	15-11-20	Gujarati New Year
Winter Break	01.12.20 – 04.01.21	
Friday	25-12-20	Christmas
Friday	01-01-21	New Year
Tuesday	26-01-21	Republic Day

LIST OF OMAN GOVERNMENT HOLIDAYS 2020 - 2021

DAY	DATE	HOLIDAYS
Sunday to Thursday	22-05-2020 to 30-05-2020	Eid al Fitr*
Wednesday to Saturday	29-07-2020 to 08-08-2020	Eid-al-Adha*
Thursday	23-8-2020	Muharram / Al Hijra*
Thursday	29-10-20	Miraj-al-Nabi*
Thursday	11-03-21	Al Misra Al Miraj*

* These holidays are subject to confirmation by the Government of Oman.